Program Agenda: Day 1 – Monday, March 27th, 2023

7:30 – 8:00 a.m. Registration/Continental Buffet

Sponsored by the Law Offices of Martin B. Schneider, P.C.

8:00 – 8:15 a.m. Welcome & Program Overview

8:00-8:05: Opening Remarks & Announcements (Tony Tannoury, MD) **8:05-8:10:** Welcome & Overview to the Payer Community (Alice Hathaway)

8:10-8:15: Welcome & Overview to the Provider Community (Dean Hashimoto, MD, JD)

8:15 – 8:45 a.m. Keynote Address - Burn Out: How to Explain It, How to Mitigate It (Molly Rossignol, DO, FAAFP, FASAM,

MRO)

8:35-8:45: Q & A

8:45 – 9:35 a.m. The Employer Perspective on Return to Work Following a Workplace Illness or Injury (Chairperson: Debra

Dyleski-Najjar, Esq)

Conditioning (Mike VanAmberg, MA, LAT, CSCS)

8:55-9:05: Effective Tools for Employers to Keep or Return Workers to the Workforce: Light & Alternative

Productive Duty (Anissa Zabriskie, MBA, SHRM-CP)

9:05-9:15: Role if the Employee Refuses to Return to Work (Danielle Albert, Esq.)

9:15-9:25: The Employers' Voice in Reinstatement & Work Hardening (Debra Dyleski-Najjar, Esq)

9:25-9:35: Q & A

9:35 – 9:45 a.m. Chair Yoga (Amanda Califano)

9:45 – 10:15 a.m. Coffee Break

Sponsored by Ready, Kiernan & McNally, LLP

Complementary5-minute breathing exercises in the Auditorium lead by Ken Larsen, DMin, PhD, ABMP

10:15 – 11:25 a.m. The Transformative Effect of COVID on the Work from Home Paradigm (Chairperson: Michael Ready, Esq)

10:15-10:25: The Process of Treatment & Recovery of Long COVID When Remote Work is a Viable Option

(Dean Hashimoto, MD, JD)

10:25-10:35: Mental, Emotional and Behavioral Aspects of Remote Work (Ken Larsen, DMin, PhD, ABMP)

10:35-10:45: Adapting the Work Environment to Remote Work as a Return-to-Work Strategy (Gail

Carchietta, RN, MSE, COHN-S, FAAOHN)

10:45-10:55: Ergo Consult for Working at Home (Tucker O'Day, MS, MSPT)

10:55-11:05: What Happens When an Injury Occurs at Home? (Kathleen Doyle)

11:05-11:15: Legal Aspects of Remote Work (Michael Ready, Esg)

11:15-11:25: Q & A

11:25 – 12:20 p.m. Updates in Cervical Spine Treatment (Chairperson: Chadi Tannoury, MD, FAOA, FAAOS)

11:25-11:35: The Spectrum of Neck Injuries (Tony Tannoury, MD)

11:35-11:45: The Role of Conservative Management in Reversible Injuries (Roberto Feliz, MD)

11:45-11:55: The Role of Surgical Management in Irreversible Injuries (Chadi Tannoury, MD, FAOA, FAAOS)

11:55-12:05: Patient Related Factors and Outcomes (Tony Tannoury, MD)

12:05-12:15: Case Discussion

Panelists: Catherine Reno RN, BSN, MBA, CCM, Goncalo Rego Esq., Tucker O'Day MS, MSPT

12:15-12:20: Q & A

12:20 – 1:15 p.m. Lunch

Sponsored by Pierce, Pierce & Napolitano

Program Agenda: Day 1 – Monday, March 27th, 2023

1:15 - 2:00 p.m.

Interactive Workshop Sessions

*Attend ONE workshop of your choice. You must pre-register for your selected workshop when checking in at Registration each morning. Seats are offered on a first come, first serve basis.

WHEN MIS IS NOT THE SAME OPEN PROCEDURE THROUGH **SMALLER INCISIONS**

(Auditorium)

Tony Tannoury, MD

WORK CONDITIONING & HARDENING AND THE ROLE OF VOCATIONAL REHAB

(Berkshire)

Karen Huyck MD, PhD, MPH, Jerrold Kaplan MD, & Brit McKenna THE IMPACT OF COVID VIRTUAL TECHNOLOGY ON WORKERS' **COMPENSATION LITIGATION & DISPUTE RESOLUTION PROCESS** (Fenway)

> Ed Moriarty Esq, Judson Pierce Esq, & Lisa Anastos MA, Esa

> > **ADVANCES IN ORTHOTICS & PROSTHETICS** (Beacon Hill)

David Gray CPO & Paul Macy MS, CPO, FAAOP

PARALLEL SESSION A (Auditorium)

2:05 – 2:55 p.m. How to Manage the Utilization Review Process (Chairperson: Michael Kelley, AIC, ARM)

2:05-2:15: What is UR & How Is It Supposed to

Work? (David Michels, Esq)

2:15-2:25: What Can the Treating MD Do To Expedite the Process? (Leslie Giroux)

2:25-2:35: What Are the Frustrations of the Treating MD? (Kendra McKinley, CPC, COSC) 2:35-2:45: Who, What, When & Where Should the Claim Adjuster Do to Override the UR Process (Michael Kelley, AIC, ARM)

2:45-2:55: Q&A

2:55 – 3:30 p.m. Updates in Physical Therapy (Chairperson: Maria DelMuto, PT, CCM)

2:55-3:05: Understanding the Educational Requirements for Physical Therapists (Courtney McKenzie, PT, DPT)

3:05-3:15: Work Conditioning vs Work Hardening And When Is an FCE Needed (Colleen Medlin, PT, DPT, CEAS, CIPS)

3:15-3:25: Al & Predictive Analytics in Physical Therapy (Shirah Burgey, PT, DPT)

3:25-3:30: Q & A

PARALLEL SESSION B (Berkshire)

2:05 - 2:45 p.m.

Best Practices in Ankle Injuries (Chairperson:

Mark Yakavonis, MD)

2:05-2:15: Ankle Sprains: Surgical Indications

(Mark Yakavonis, MD)

2:15-2:25: Ankle Fractures: Long Term Expectations (Anthony Schena, MD)

2:25-2:35: Tendon Injuries (Mark P. Slovenkai, MD)

2:35-2:45: Q & A

2:45 - 3:30 p.m.

Best Practices in Shoulder Injuries (Chairperson:

Ibtehal Kimawi, MD)

2:45-2:55: Shoulder Pain Evaluation & Non-Operative Management (Ibtehal Kimawi, MD)

2:55-3:05: Exacerbation of Impingement

Syndrome (Alan Curtis, MD)

3:05-3:15: Rotator Cuff Disease (Suzanne Miller,

3:15-3:25: Surgical Options Following Failed Rotator Cuff Repair (Peter Vezeridis, MD)

3:25-3:30: Q & A

3:30 - 4:00 p.m.

Coffee Break

Complementary5-minute PT exercises in the Auditorium lead b Luis Pacheco, PTA

4:00 - 4:15 p.m.

Golden Rose Award (Presented by Michael Kelley, AIC, ARM)

4:15 - 5:10 p.m.

Legal Discussion: The Value & Art of... (Chairperson: Tom Winters, MD, FACOEM, FACPM & Kenji Saito, MD, JD. FACOEM)

4:15-4:20: Case Presentation (Tom Winters, MD, FACOEM, FACPM)

4:20-4:30: The Narrative Report (Deb Kohl, Esq)

4:30-4:40: The IME (Buzz Schneider, Esq)

4:40-4:50: The Impartial (Buzz Schneider Esq & Deb Kohl Esq)

4:50-5:00: Case Discussion

Panelists: Michael Kelley AIC, ARM, Karen Huyck MD, PhD, MPH

5:00-5:10: Q & A

5:10 - 5:20 p.m.

Raffle Announcements

Program Agenda: Day 1 – Monday, March 27th, 2023

6 p.m.

Gala Dinner

Al Wadi Restaurant 1249 VFW Parkway West Roxbury, MA 02132



Program Agenda: Day 2 – Tuesday, March 28th, 2023

7:30 – 8:00 a.m. Registration/Continental Buffet

Sponsored by Moriarty & Associates, PC

8:00 – 8:05 a.m. Day 2 Announcements

8:05 – 9:10 a.m. Updates in Lumbar Injury Treatment (Chairperson: Tony Tannoury, MD)

8:05-8:15: The Spectrum of Lumbar Injuries (Chadi Tannoury, MD, FAOA, FAAOS) **8:15-8:25:** Patient Related Factors and Outcomes (Chadi Tannoury, MD, FAOA, FAAOS)

8:25-8:35: When Surgery Is the Best Treatment (Tony Tannoury, MD)

8:35-8:45: Injuries That Are Amenable to Conservative Treatment (Eduard Vaynberg, MD)

8:45-8:55: 10 Cases in 10 Minutes

Panelists: Edward Moriarty Esq., Julianna Hardy, Donna Curtin MS, CRC

8:55-9:10: Q & A

9:10 – 9:40 a.m. Coffee Break

Sponsored by the Law Offices of Deborah G. Kohl

Complementary5-minute PT exercises in the Auditorium lead by Luis Pacheco, PTA

9:40 – 10:00 a.m. Inspiration vs. Desperation: Inspiring Employees Through an Integrated Injury Prevention Program (Mike

VanAmberg, MA, LAT, CSCS)

9:55-10:00: Q & A

10:00 – 10:50 p.m. Best Practices in Forearm & Hand Injuries (Chairperson: Andy Stein, MD)

10:00-10:10: deQuervain's Tenosynovitis (Taylor Horst, MD)

10:10-10:20: Scapholunate Ligament Injuries (Herve Kimball, MD)

10:20-10:30: 1st CMC Arthritis (Andrew Terrono, MD)

10:30-10:40: Case Discussion

Panelists: Julianna Hardy, Colleen Medlin PT, Nancy Segreve MA, CRC, CCM

10:40-10:50: Q & A

10:50 – 11:30 a.m. The Magic Wand (Chairperson: Hon. Phyllis Phillips, Ret.)

Panelists: Hon. Roger Lewenberg Ret., Tucker O'Day MS, MSPT, Chadi Tannoury MD, FAOA,

FAAOS

11:20-11:30: Q & A

11:30 – 12:30 p.m. Lunch

12:30 – 1:15 p.m. Interactive Workshop Sessions

*Attend ONE workshop of your choice. You must pre-register for your selected workshop when checking

in at Registration each morning. Seats are offered on a first come, first serve basis.

SPINE:

Anterior Cervical Fusion & Total Disc Arthroplasty
(Auditorium)

Chadi Tannoury, MD, FAOA, FAAOS

THE BENEFITS OF MASSAGE THERAPY
(Berkshire)

Greg Hurd, LMT & Tom Winters, MD, FACOEM, FACPM

HAND & WRIST: Anatomy & Physical Exam (Fenway)

Andy Stein MD, Taylor Horst MD, Herve Kimball MD, & Andrew Terrono MD

THE BENEFITS OF NEUROMONITORING (Beacon Hill)

George Thomas MD, PhD, Tony Tannoury MD, & Susan Brown CPC

Program Agenda: Day 2 – Tuesday, March 28th, 2023

PARALLEL SESSION A (Auditorium)

1:20 – 2:00 p.m. Best Practices in Knee Injuries (Chairperson: Xinning Li. MD)

1:20-1:30: Patella Dislocation (Suzanne Miller, MD) 1:30-1:40: Updates on ACL Injuries (Xinning Li, MD) 1:40-1:50: Cartilage Injuries: Rx Options (Joseph

Czarnecki, MD) 1:50-2:00: Q & A

PARALLEL SESSION B (Berkshire)

1:20 – 2:00 p.m. Optimizing Pre & Post-Surgical Education (Chairperson: Karen Huyck, MD. PhD. MPH)

1:20-1:35: Why Pre-Op Patient Education Is Important in the Recovery Process (Maryanne

Cole, MSN, RN, CNOR, ONC)

1:35-1:50: Teachable Moments in Pre & Post-Surgical Care (Ken Larsen, DMin, PhD, ABMP)

1:50-2:00: Q & A

2:05 – 3:05 p.m. The Ethics of Negotiations (Chairperson: Hon. Phyllis Phillips, Ret.)

2:05-2:15: Employers Perspective (Lisa Anastos, MA, Esq)

2:15-2:25: Adjuster Perspective (Alice Hathaway)

2:25-2:35: Defense Attorney Perspective (Ned Barrett, Esq) **2:35-2:45:** Claimant Attorney Perspective (Heidi Groff, Esq)

2:45-2:55: Interactive Discussion

2:55-3:05: Q & A

3:05 – 3:25 p.m. OEM in a Flash (Kenji Saito, MD, JD, FACOEM)

3:20-3:25: Q & A

3:25 – 3:55 p.m. Image Schemas: The Purpose of Injury (Ken Larsen, DMin, PhD, ABMP)

3:55 – 4:00 p.m. 2024 Announcements & President's Closing Remarks (Tony Tannoury, MD)

4:00 – 4:05 p.m. Raffle Announcements