



2024



WORK RELATED INJURIES WORKSHOP

MARCH 25 & 26, 2024

The Conference Center
at Waltham Woods
Waltham, Massachusetts

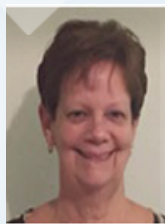
MEET THE

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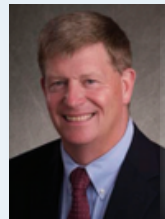
Karen Huyck, MD, PhD, MPH, FACOEM

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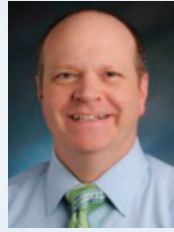
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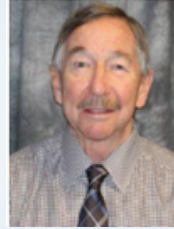
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Center for Occupational &
Employee Health



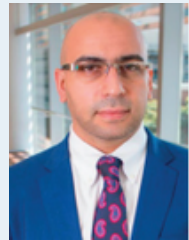
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Medical Director,
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Owner/Member
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Risk Manager

Mobility Works

Ned Barrett, Esq.

Managing Attorney

Law Offices of Martin B Schneider, PC

Betsy Bochart, BSN, AIC

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Boston Medical Center

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Amanda Califano Yoga & Four Corners Yoga

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Erin Gallivan, Esq.

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Sr. Workers' Compensation Claims Specialists

Workers' Compensation Division, Mass General Brigham

Janice Gellis, MD

**Staff Physician, Pain Management Services/Surgical
Services**

Site Director, Pain Fellowship Program

White River Junction VA

Assistant Professor, Anesthesiology

Geisel School of Medicine, Dartmouth

Heidi Groff, Esq.

Partner

Biggam Fox & Skinner, LLP

Julianna Hardy

Senior Claims Specialist I

Cincinnati Insurance Company

Taylor Horst, MD

Orthopaedic Hand Surgeon

Excel Orthopaedic Specialists

Joclyn Hunter, PT, DPT

Physical Therapist, Advanced Clinician

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Shoulder Surgeon

Boston Sports & Shoulder Center

Chief of Shoulder Arthroplasty

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Ibtehal Kimawi, MD

Assistant Professor of Physical Medicine & Rehab

Interventional Spine & MSK
Department of Orthopedic Surgery
Boston University School of Medicine
Boston Medical Center

Hervey Kimball, MD, MS

Orthopedic Hand & Upper Extremity Surgeon

Boston Sports & Shoulder Center
New England Baptist Hospital

Deborah G. Kohl, Esq.

Partner

Law Offices of Deborah G. Kohl

Kirstin Lane, PT, DPT, CDN, CEAS

Regional Manager of WorkStrategies

Select Medical

Ann Marie Latella, MS, CRC

Vocational Consultant

Occupational Resource Network

Xinning Li, MD, FAOA, FAOS

Prof. of Orthopaedic Surgery

Sports Medicine & Shoulder Surgery
BU Sports Medicine Fellowship Director
Boston University School of Medicine

Brittany McKenna, MS, CRC, CVE

Vocational Counselor & Evaluator

Tandem Workforce Collaborative

Karen Mattie, PT, DPT, MS

Sr. Director

Clinical Operations
Boston Medical Center

Colleen Medlin, PT, DPT, CEAS, CIPS

Vice President of Workers' Compensation

Physical Rehabilitation Network

David Michels, Esq.

Assistant General Counsel

Commonwealth of Massachusetts' Department
of Industrial Accidents

Suzanne Miller, MD

Sports Medicine Orthopedic Surgeon

Boston Sports & Shoulder Center
New England Baptist Hospital

Edward Moriarty, Jr., Esq.

Founding & Managing Partner

Moriarty & Associates, PC

Donald Murphy, DC, FRCC

Director of Primary Care

Ortho Rhode Island

Stefan Muzin, MD

Medical Director

ForHealth Consulting, UMass Chan Medical School

Elizabeth Tucker O'Day, MS, MSPT

Work Health Coach, Development & Integration

VT RETAIN

Nathan Olszewski, MD

Orthopedic Surgeon

Boston Medical Center

Assistant Professor

Boston University

Adetokunbo Oyelese, MD, PhD, FAANS

Professor & Vice Chair

Strategy & Business Development
Department of Neurosurgery, Alpert Medical School,
Brown University

Director

Division of Spine Surgery & Norman Prince Spine
Institute at Lifespan

Judson Pierce, Esq.

Attorney at Law

Pierce, Pierce & Napolitano

Jason Pittman, MD, PhD, FAOS

Interim Division Chief

BIDMC Orthopaedic Spine Surgery

Program Director

BIDMC Orthopaedic Spine Surgery Fellowship

Co-Director

BIDMC Spine Center

Michael Ready, Esq.

Partner

Ready, Kiernan & McNally, LLP

Catherine Reno, RN, BSN, MBA, CCM

Workers' Compensation Case Manager

Kayla Roche, PT, DPT

Physical Therapist

ATI Physical Therapy

MEET THE FACULTY

James Rosenblum, LMT
Licensed Massage Therapist

Kenji Saito, MD, JD, FACOEM
President, ACOEM

Dino Samartzis, DSc
Associate Professor
Rush University

Buzz Schneider, Esq.
Principal
Law Offices of Martin B. Schneider

Andrew Stein, MD
Chief of Hand Surgery
Boston Medical Center

Jinsil Sung, MD, FAAOS
Hand & Microvascular Surgeon
Boston Orthopaedic & Spine

Laura Sullivan
Reiki Master & Ayurvedic Educator
Joyful Wellbeing

Mary Taschner, DNP, ANP-BC

George Theodore, MD, FAAOS
Orthopaedic Surgeon
Massachusetts General Hospital

Faculty
Harvard Medical School
Orthopaedic Foot & Ankle Consultant
New England Patriots, Boston Red Sox, Boston
Bruins, Boston Ballet, & Harvard University
Athletics

Eduard Vaynberg, MD
Director of Pain Management
Department of Anesthesiology, Boston Medical
Center

Peter Vezeridis, MD
Orthopaedic Surgeon
Excel Orthopaedic Specialists

Rosanne Westcott, RN, BSN, MA
Field Case Manager
VRS Disability Management

Mark Yakavonis, MD, MMS, FAAOS
Assistant Professor of Orthopaedic Surgery
Boston Medical Center

IMPORTANT INFORMATION

WIRELESS INTERNET



Network Name: MMS-Guest

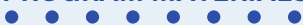
Directions: Please accept terms and conditions. If a new screen does not appear with an “Accept” button, open a browser and go to <https://www.massmed.org/>.

EVALUATIONS



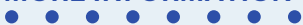
The evaluation form will only be emailed to you from Dartmouth Health if you complete a Credit Claim Form. See Continuing Education Credits Information page for more details.

PROGRAM MATERIALS



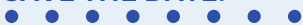
All slides will be available at the conclusion of the conference in the Teaching Library at www.workerscompcare.com.

MORE INFORMATION



Visit us at www.workerscompcare.com for more information, including full faculty bios, exhibitor and sponsor overviews, Golden Rose Award nomination form, and much more....

SAVE THE DATE!



Please mark your calendars to join us again next year on **March 24th & 25th, 2025!**

CONTACT



Michela Capobianco
Program Director, Workers Comp Care
michela@bostonmis.com

CONTINUING EDUCATION CREDITS INFORMATION

DIRECTIONS



Please visit the Registration Desk for all paperwork needed to claim your credits. This includes -

- ✓ **CMEs:** Dartmouth Health CME Credit Claim Form (due to Dartmouth Health no later than 4/25/24)
- ✓ **CCMs:** Certificate of Completion with Activity & Approval Codes
- ✓ **PTs/OTs/ PTAs/OTAs:** Certificate of Completion
- ✓ **NEW HAMPSHIRE ADJUSTER CEs:** Certificate of Completion

You will also receive an email at the conclusion of the conference containing all information required to claim your credits.

We encourage all attendees to claim their credits immediately following the conference.

CEUS AWARDED



PHYSICIANS:

Dartmouth Health designates this live activity for a maximum of **14.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
CMEs are convertible to nursing contact hours.

NURSE PRACTITIONERS/REGISTERED NURSES:

This program meets the requirements of the Massachusetts Board of Registration in Nursing at 244 CMR 5.00
for **14.25 contact hours**.

NURSE CASE MANAGERS:

This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers. The course is approved for **14.25 CE contact hours**.

Ethics for NURSE CASE MANAGERS:

This program has been pre-approved by the Commission for Case Manager Certification to provide Ethics continuing education credit to CCM® board certified case managers. The course is approved for **1 CE contact hour**.

PHYSICAL THERAPISTS & OCCUPATIONAL THERAPISTS:

This program is approved for **14.25 continuing competency points** by Boston Medical Center for Physical Therapy and Occupational Therapy Continuing Competency in Massachusetts.

NEW HAMPSHIRE ADJUSTERS:

This program has been Approved by the NH Insurance Department for Continuing Education for Workers Compensation Adjusters and Multi-Line Adjusters. The course is approved for **9 hours** for Monday, 3/25 and **8 hours** for Tuesday, 3/26.

PROMOTIONAL OPPORTUNITY:

EXHIBITOR & SPONSOR LIST

- **Accelus**
- Applied VR
- ATI Physical Therapy
- **Boston Hernia**
- Boston Medical Center, Department of Orthopedics
- Boston Orthopaedic & Spine
- Boston Spine Surgery
- Boston Sports & Shoulder Center
- Cambridge Health Alliance, Occupational Health
- CitiRehab / **CitiRehab**
- DePuy, a Johnson & Johnson Company
- Excel Orthopaedic Specialists
- Gaylord Specialty Healthcare
- **Ged Lawyers**
- Hanger Clinics
- **Injured Workers Pharmacy**
- **Law Offices of Deborah G. Kohl**
- **Life Instruments**
- Life Support Systems
- Massachusetts Association of Occupational Health Nurses (MaAOHN)
- **Medtronic**
- MobilityWorks
- **Moriarty & Associates, PC**
- New England College of Occupational & Environmental Medicine (NECOEM)
- Oakley Home Access
- Occupational Health Connections (OHC)
- Occupational & Environmental Health Network (OEHN)
- Pappas OPT
- **Pierce, Pierce & Napolitano**
- ProCare Transportation
- Professional Physical Therapy
- **Ready, Kiernan & McNally, LLP**
- Stryker Spine
- ZetrOZ
- Zoll Medical



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PROGRAM AGENDA

Monday, March 25th ➔

7:30 – 8:00 a.m. Registration / Continental Buffet with Exhibitors

Sponsored by Moriarty & Associates, PC

8:00 – 8:05 a.m. Welcome & Program Overview (Tony Tannoury, MD)

8:05 – 8:35 a.m. Next Gen Decision Making: Using AI to Predict Patient Selection and Treatment Outcomes (Dino Samartzis, DSc)

8:30-8:35: Q & A

8:35 – 8:55 a.m. What's New in Occ Med: OEM in a Flash (Kenji Saito, MD, JD, FACOEM)

8:50-8:55: Q & A

8:55 – 9:50 a.m. The Sooner, the Better: RTW as a Health Outcome (Chairperson: Karen Huyck, MD, PhD, MPH, FACOEM)

8:55-9:00: Case Presentation (Karen Huyck, MD, PhD, MPH, FACOEM)

9:00-9:15: Managing Expectations: Patient, Employer, & Clinical Perspectives (Donna Ferreira, MS, ANP, COHN-S/CM, FAAOHN)

9:15-9:20: Nurse Case Manager Perspective (Catherine Reno, RN, BSN, MBA, CCM)

9:20-9:25: Vocational Rehab: Keep Expectations on Track or Else! (Nancy Segreve, MA, CRC, CCM)

9:25-9:30: Legal Perspective (Erin Gallivan, Esq)

9:30-9:40: Panel Discussion

9:40-9:50: Q & A

9:50 – 10:20 a.m. Coffee Break with Exhibitors

Sponsored by Ready, Kiernan & McNally, LLP

10:20 – 11:20 a.m. Get Up and Get Moving: Innovative Physical Therapy Techniques (Chairperson: Maria DelMuto, PT, CCM)

10:20-10:30: Spinal Manipulative Therapy (Dan Fleury, DPT, OCS, FAAOMPT)

10:30-10:40: Trigger Point Dry Needling (Kayla Roche, PT)

10:40-10:50: Psychologically Informed Therapy (Kirstin Lane, PT, DPT, CDN, CEAS)

10:50-11:00: When the Physical Therapist Is the Injured Worker (Joclyn Hunter, PT)

11:00-11:10: Case Discussion

11:10-11:20: Q & A

11:20 – 12:20 p.m. I'm OK, You're OK...Or Not: Promoting Mental Wellness (Chairperson: Tom Winters, MD, FACOEM, FACPM)

11:20-11:35: The Evolution of Mental Health Law (David Michels, Esq)

11:35-11:45: Conscious or Unconscious: The Role of IMAGERY is Determinant in Patient Outcomes (Ken Larsen, DMin, PhD, ABMP)

11:45-11:55: Experiential Mindfulness Based Stress Reduction (Ken Larsen, DMin, PhD, ABMP)

11:55-12:10: The Voice of the Injured Worker (Mary Taschner, DNP, ANP-BC)

12:10-12:20: Q & A

12:20– 1:10 p.m. Lunch

Sponsored by Boston Hernia

PARALLEL SESSION A (Auditorium)



1:10 – 2:00 p.m.

Claims Management Conundrums: Finding the Path Forward (Chairperson: Betsy Bochart)

1:10-1:20: Complicated Injuries: What are the First 5 Steps? (Julianna Hardy)

1:20-1:30: Claims Dispute? What's Next? (Alice Hathaway)

1:30-1:40: Is It Possible to Return to Work? (Kathy Doyle)

1:40-1:50: Case Discussion

Panelists: Buzz Schneider, Esq; Deborah Kohl, Esq

1:50-2:00: Q & A

2:00 – 3:00 p.m.

Case Management for the Win! (Chairperson: Maria DelMuto, PT, CCM)

2:00-2:20: Principles of the Code of Conduct for Case Managers (Maria DelMuto, PT, CCM)

2:20-2:30: Success Story: Orthopaedic Case (Rosanne Westcott, RN, BSN, MA)

2:30-2:40: Success Story: Catastrophic Case (Catherine Reno, RN, BSN, MBA, CCM)

2:40-2:50: Success Story: Non-Catastrophic Case (Cynthia Bourbeau, RN, CRRN, CCM, CNLCP)

2:50-3:00: Q & A

3:00 – 3:40 p.m.

When Opportunity Knocks: Making Vocational Rehab Work for You (Chairperson: Nancy Segreve, MA, CRC, CCM)

3:00-3:10: How to Make it Work for Everyone: RTW with Same Employer After Serious Injury (Carol Dennehy, RN, CRRN, LCP)

3:10-3:20: RTW Strategies that MDs Need to Understand (Brit McKenna, MS, CRC, CVE)

3:20-3:30: Employer RTW Best Practices (Ann Marie Latella, MS, CRC)

3:30-3:40: Q & A

PARALLEL SESSION B (Berkshire Conf. Rm.)



1:10 – 2:00 p.m.

Put a Sock in It: Foot & Ankle Anatomy

(Chairperson: Mark Yakavonis, MD, MMS, FAAOS)

1:10-1:20: Review of Foot & Ankle Anatomy (George Theodore, MD)

1:20-1:30: Intro to Common Foot & Ankle Work Injuries (Nathan Olszewski, MD)

1:30-1:50: Foot & Ankle Physical Exam Interactive Workshop

1:50-2:00: Q & A

2:00 – 2:40 p.m.

Safe Workers, Safe Workplace: Primary Prevention Through Designing Work Practices (Chairperson: Dean Hashimoto, MD, JD)

2:00-2:10: Ergonomic Design of Work Processes (Tucker O'Day, MS, MSPT)

2:10-2:20: Hazard Elimination (Meghan Church, DPT)

2:20-2:30: Psychologically Healthy Workplaces (Steve Dickens, MA)

2:30-2:40: Q & A

2:40 – 3:00 p.m.

The Primary Spine Care Model: Front-end Efficiency in Workers' Comp (Donald Murphy, DC, FRCC)

2:55-3:00: Q & A

3:00 – 3:40 p.m.

Thinking Outside the Box: The Benefits of Alternative & Complementary Medicines (Chairperson: Tom Winters, MD, FACOEM, FACPM)

3:00-3:10: The Benefits of Acupuncture (Jan Gellis, MD)

3:10-3:20: The Benefits of Massage Therapy (James Rosenblum, LMT)

3:20-3:30: The Benefits of Reiki (Laura Sullivan)

3:30-3:40: Q & A

3:40 – 4:10 p.m. Coffee Break with Exhibitors

Sponsored by Life Instruments

4:10 – 5:20 p.m. Pain in the Neck: Cervical Spine Review & Updates (Chairperson: Tony Tannoury, MD)

4:10-4:20: Work Related & Patient Related Risk Factors for Poor Outcomes in Cervical Spine Surgery (Chadi Tannoury, MD, FAOA, FAAOS)

4:20-4:30: Anterior vs. Posterior Approach for Cervical Pathologies (Adetokunbo Oyelese, MD, PhD, FAANS)

4:30-4:40: Who Is the Optimal Patient for Cervical Injections & When to Stop (Roberto Feliz, MD)

4:40-5:10: Lightning Round: Case Discussions

Panelists: Ibtehal Kimawi, MD; Shirah Burgey PT, DPT; Deborah Kohl, Esq.

5:10-5:20: Q & A

5:20 – 5:30 p.m. Golden Rose Award (Presented by Ken Larsen, DMin, PhD, ABMP)

5:30 – 5:35 p.m. Raffle Announcements

6:15 p.m. Gala Cocktail Hour

Sponsored by Injured Workers Pharmacy (IWP)

7:15 p.m. Gala Dinner

Sponsored by CitiRehab

Al Wadi Restaurant
1249 VFW Parkway
West Roxbury, MA 02132



PROGRAM AGENDA

Tuesday March 26th 

7:30 – 8:00 a.m. Registration / Continental Buffet with Exhibitors
Sponsored by the Law Offices of Deborah G. Kohl

8:00 – 8:05 a.m. Announcements (Tony Tannoury, MD)

8:05 – 8:25 a.m. Settlement Authority (Chairperson: Lisa Anastos, MA, Esq)
Panelists: Hon. Phyllis Phillips, Ret.; Edward Moriarty, Esq.
8:20-8:25: Q & A

8:25 – 9:00 a.m. Lawyers & Doctors: Let's Be Frenemies (Chairperson: Hon. Phyllis Phillips, Ret.)
8:25-8:50: Case Discussion
Panelists: Dean Hashimoto, MD, JD; Jinsil Sung, MD; Heidi Groff, Esq;
Buzz Schneider, Esq
8:50-9:00: Q & A

9:00 – 9:40 a.m. A Shot in the . . . PRP Injections (Chairperson: Tom Winters, MD, FACOEM, FACPM)
9:00-9:10: Current Evidence & Literature Limitations Regarding PRP for MSK Pain
(Tom Winters, MD, FACOEM, FACPM)
9:10-9:20: Clinical Application & Benefits to PRP (Xinning Li, MD, FAOA, FAAOS)
9:20-9:30: Under What Circumstances are PRP Injections Approved?
(Julianna Hardy)
9:30-9:40: Q & A

9:40 – 10:10 a.m. Coffee Break with Exhibitors
Sponsored by Pierce, Pierce & Napolitano

10:10 – 10:50 a.m. Broad Shoulders: Shoulder Review & Updates (Chairperson: Xinning Li, MD, FAOA, FAAOS)
10:10-10:20: Updates in Rotator Cuff Tears (Andrew Jawa, MD)
10:20-10:30: Treatment of the First Time Dislocator (Suzanne Miller, MD)
10:30-10:40: Case Discussion
Panelists: Ned Barrett, Esq; Colleen Medlin, PT, DPT, CEAS, CIPS; Kristin Gaynor
10:40-10:50: Q & A

10:50– 11:30 a.m. Shake it Up: Hand, Wrist, & Forearm Review & Updates (Chairperson: Hervey Kimball, MD)
10:50-11:00: Treatment of Traumatic Arthritis of the Elbow (Andrew Stein, MD)
11:00-11:10: Treatment of Traumatic Arthritis of the Thumb (Taylor Horst, MD)
11:10-11:20: Case Discussion
Panelists: Judson Pierce, Esq; Lisa Anastos, MA, Esq; Karen Mattie, PT, DPT, MS
11:20-11:30: Q & A

11:30 – 11:40 a.m. Chair Yoga (Amanda Califano)

11:40 – 12:00 p.m. Emerging Treatments: Face of the Future or Flop? (Chairperson: Hon. Phyllis Phillips, Ret.)
11:40-11:50: Lightning Round: New Techniques Review (Karen Huyck, MD, PhD, MPH, FACOEM)
Panelists: Kenji Saito, MD, JD, FACOEM; Chadi Tannoury, MD, FAOA, FAAOS;
Andrew Stein, MD; Peter. Vezeridis, MD
11:50-12:00: Q & A

12:00 – 12:50 p.m. Lunch
Sponsored by Accelus, Inc

PARALLEL SESSION A (Auditorium)

12:50– 1:30 p.m.

The Bee's Knees: Knee Review & Updates
(Chairperson: Peter Vezeridis, MD)

12:50-1:00: Updates on ACL Injuries
(Joseph Czarnecki, MD)

1:00-1:10: Open Lateral Extra-articular Tenodesis
in ACL Reconstruction (Xinning Li, MD, FAOA,
FAAOS)

1:10-1:20: Case Discussion

Panelists: Edward Moriarty, Esq; Karen Mattie, PT,
DPT, MS; Brit McKenna, MS, CRC, CVE

1:20-1:30: Q & A

1:30 – 2:20 p.m.

It's Not Just Physical: Cognitive Work Capacity
(Chairperson: Karen Huyck, MD, PhD, MPH,
FACOEM)

1:30-1:40: Cognitive Work Capacity Form
Overview (Karen Huyck, MD, PhD, MPH,
FACOEM)

1:40-1:50: TBI Case & Interactive Form
Completion (Carol Dennehy, RN, CRRN, LCP)

1:50-2:00: Long COVID Case & Interactive Form
Completion (Dean Hashimoto, MD, JD)

2:00-2:10: Mental Health Case & Interactive
Form Completion (Steve Dickens, MA)

2:10-2:20: Q & A

PARALLEL SESSION B (Berkshire Conf. Rm.)

12:50– 1:30 p.m.

Simplifying CRPS: CRPS Treatment Update
(Chairperson: Eduard Vaynberg, MD)

12:50-1:00: Holistic Approach to CRPS Treatment
(Jan Gellis, MD)

1:00-1:10: Mirror Therapy for CRPS (Ken Larsen,
DMin, PhD, ABMP)

1:10-1:20: Case Discussion

Panelists: Judson Pierce, Esq; Julianna Hardy

1:20-1:30: Q & A

1:30 – 2:20 p.m.

**Long COVID in the Workplace: Impact &
Accommodations** (Chairperson: Abe Timmons,
DO, MPH, FACOEM)

1:30-1:50: Interdisciplinary Clinical Guidance for
the Assessment & Treatment of Patients with
Long COVID (Jerrold Kaplan, MD)

1:50-2:10: Long COVID in the Workplace:
Impact & Accommodations (Debra Dyleski-Najjar,
Esq)

2:10-2:20: Q & A

- 2:25 – 3:15 p.m. Pain in the Butt: Lumbar Spine Review & Updates (Chairperson: Chadi Tannoury, MD, FAOA, FAAOS)**
2:25-2:35: Common Lumbar Pathologies & Treatment Options (Jason Pittman, MD, PhD, FAAOS)
2:35-2:45: EMG/NCS Studies: When Are They Really Needed? (Stefan Muzin, MD)
2:45-2:55: Spinal Cord Stimulators: When, Why & Who? (Eduard Vaynberg, MD)
2:55-3:05: Case Discussion
Panelists: Colleen Medlin, PT, DPT, CEAS, CIPS; Michael Ready, Esq
3:05-3:15: Q & A
- 3:15 – 3:45 p.m. Gloves Off: Complications & Costs of MIS vs Open Spine Surgery (Chairperson: Chadi Tannoury, MD,FAOA, FAAOS)**
3:15-3:25: MIS Surgery: What & Why (Chadi Tannoury, MD, FAOA, FAAOS)
3:25-3:35: Is MIS Applicable for Revision Surgeries & Where It Can Go Wrong (Tony Tannoury, MD)
3:35-3:45: Q & A
- 3:45 – 4:00 p.m. 15 Tips in 15 Minutes (Chairperson: Maria DelMuto, PT, CCM)**
Panelists: Tom Winters, MD, FACOEM, FACPM; Kristin Gaynor; Michael Ready, Esq; Nancy Segreve, MA, CRC, CCM; Gail Carchietta, RN, MSE, COHN-S, FAAOHN
- 4:00 – 4:20 p.m. Image Schemas and the Periaqueductal Gray (Ken Larsen, DMin, PhD, ABMP)**
- 4:20 – 4:25 p.m. Raffle Announcements**
- 4:25 – 4:30 p.m. 2025 Announcements & President’s Closing Remarks (Tony Tannoury, MD)**



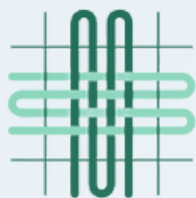
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