

Program Agenda:

Day 1 – Monday, March 25th, 2024

- 7:30 – 8:00 a.m.** **Registration/Continental Buffet with Exhibitors**
Sponsored by Moriarty & Associates, PC
- 8:00 – 8:05 a.m.** **Welcome & Program Overview (Tony Tannoury, MD)**
- 8:05 – 8:35 a.m.** **Keynote Address: Next Gen Decision Making: Using AI to Predict Patient Selection and Treatment Outcomes (Dino Samartzis, DSc)**
8:30-8:35: Q & A
- 8:35 – 8:55 a.m.** **What's New in Occ Med: OEM in a Flash (Kenji Saito, MD, JD, FACOEM)**
8:50-8:55: Q & A
- 8:55 – 9:50 a.m.** **The Sooner, the Better: RTW as a Health Outcome (Chairperson: Karen Huyck, MD, PhD, MPH, FACOEM)**
8:55-9:00: Case Presentation (Karen Huyck, MD, PhD, MPH, FACOEM)
9:00-9:15: Managing Expectations: Patient, Employer, & Clinical Perspectives (Donna Ferreira, MS, ANP, COHN-S/CM, FAAOHN)
9:15-9:20: Nurse Case Manager Perspective (Catherine Reno, RN, BSN, MBA, CCM)
9:20-9:25: Vocational Rehab: Keep Expectations on Track or Else! (Nancy Segreve, MA, CRC, CCM)
9:25-9:30: Legal Perspective (Erin Gallivan, Esq)
9:30-9:40: Panel Discussion
9:40-9:50: Q & A
- 9:50 – 10:20 a.m.** **Coffee Break with Exhibitors**
Sponsored by Ready, Kiernan & McNally, LLP
- 10:20 – 11:20 a.m.** **Get Up and Get Moving: Innovative Physical Therapy Techniques (Chairperson: Maria DelMuto, PT, CCM)**
10:20-10:30: Spinal Manipulative Therapy (Dan Fleury, DPT, OCS, FAAOMPT)
10:30-10:40: Trigger Point Dry Needling (Kayla Roche, PT)
10:40-10:50: Psychologically Informed Therapy (Kirstin Lane, PT, DPT, CDN, CEAS)
10:50-11:00: When the Physical Therapist Is the Injured Worker (Joclyn Hunter, PT)
11:00-11:10: Case Discussion
11:10-11:20: Q & A
- 11:20 – 12:20 p.m.** **I'm OK, You're OK...Or Not: Promoting Mental Wellness (Chairperson: Tom Winters, MD, FACOEM, FACPM)**
11:20-11:35: The Evolution of Mental Health Law (David Michels, Esq)
11:35-11:45: Conscious or Unconscious: The Role of IMAGERY is Determinant in Patient Outcomes (Ken Larsen, DMin, PhD, ABMP)
11:45-11:55: Experiential Mindfulness Based Stress Reduction (Ken Larsen, DMin, PhD, ABMP)
11:55-12:10: The Voice of the Injured Worker (Mary Taschner, DNP, ANP-BC)
12:10-12:20: Q & A
- 12:20– 1:10 p.m.** **Lunch**
Sponsored by Boston Hernia & Pilonidal Center

PARALLEL SESSION A (Auditorium)

- 1:10 – 2:00 p.m.** **Claims Management Conundrums: Finding the Path Forward (Chairperson: Betsy Bochart)**
1:10-1:20: Complicated Injuries: What are the First 5 Steps? (Julianna Hardy)
1:20-1:30: Claims Dispute? What's Next? (Alice Hathaway)
1:30-1:40: Is It Possible to Return to Work? (Kathy Doyle)
1:40-1:50: Case Discussion
Panelists: Buzz Schneider, Esq; Deborah Kohl, Esq
1:50-2:00: Q & A

PARALLEL SESSION B (Berkshire)

- 1:10 – 2:00 p.m.** **Put a Sock in It: Foot & Ankle Anatomy (Chairperson: Mark Yakavonis, MD, MMS, FAAOS)**
1:10-1:20: Review of Foot & Ankle Anatomy (George Theodore, MD)
1:20-1:30: Intro to Common Foot & Ankle Work Injuries (Nathan Olszewski, MD)
1:30-1:50: Foot & Ankle Physical Exam Interactive Workshop
1:50-2:00: Q & A

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PARALLEL SESSION A (Auditorium)

- 2:00 – 3:00 p.m. Case Management for the Win! (Chairperson: Maria DelMuto, PT, CCM)**
2:00-2:20: Principles of the Code of Conduct for Case Managers (Maria DelMuto, PT, CCM)
2:20-2:30: Success Story: Orthopaedic Case (Rosanne Westcott, RN, BSN, MA)
2:30-2:40: Success Story: Catastrophic Case (Catherine Reno, RN, BSN, MBA, CCM)
2:40-2:50: Success Story: Non-Catastrophic Case (Cynthia Bourbeau, RN, CRRN, CCM, CNLCP)
2:50-3:00: Q&A
- 3:00 – 3:40 p.m. When Opportunity Knocks: Making Vocational Rehab Work for You (Chairperson: Nancy Segreve, MA, CRC, CCM)**
3:00-3:10: How to Make it Work for Everyone: RTW with Same Employer After Serious Injury (Carol Dennehy, RN, CRRN, LCP)
3:10-3:20: RTW Strategies that MDs Need to Understand (Brit McKenna, MS, CRC, CVE)
3:20-3:30: Employer RTW Best Practices (Nancy Segreve, MA, CRC, CCM)
3:30-3:40: Q & A

PARALLEL SESSION B (Berkshire)

- 2:00 – 2:40 p.m. Safe Workers, Safe Workplace: Primary Prevention Through Designing Work Practices (Chairperson: Dean Hashimoto, MD, JD)**
2:00-2:10: Ergonomic Design of Work Processes (Tucker O'Day, MS, MSPT)
2:10-2:20: Hazard Elimination (Meghan Church, DPT)
2:20-2:30: Psychologically Healthy Workplaces (Steve Dickens, MA)
2:30-2:40: Q & A
- 2:40 – 3:00 p.m. The Primary Spine Care Model: Front-end Efficiency in Workers' Comp (Donald Murphy, DC, FRCC)**
2:55-3:00: Q & A
- 3:00 – 3:40 p.m. Thinking Outside the Box: The Benefits of Alternative & Complementary Medicines (Chairperson: Tom Winters, MD, FACOEM, FACPM)**
3:00-3:10: The Benefits of Acupuncture (Jan Gellis, MD)
3:10-3:20: The Benefits of Massage Therapy (James Rosenblum, LMT)
3:20-3:30: The Benefits of Reiki (Laura Sullivan)
3:30-3:40: Q & A

**3:40 – 4:10 p.m. Coffee Break with Exhibitors
Sponsored by Life Instruments**

4:10 – 5:20 p.m. Pain in the Neck: Cervical Spine Review & Updates (Chairperson: Tony Tannoury, MD)
4:10-4:20: Work Related & Patient Related Risk Factors for Poor Outcomes in Cervical Spine Surgery (Chadi Tannoury, MD, FAOA, FAAOS)
4:20-4:30: Anterior vs. Posterior Approach for Cervical Pathologies (Adetokunbo Oyelese, MD, PhD, FAANS)
4:30-4:40: Who Is the Optimal Patient for Cervical Injections & When to Stop (Roberto Feliz, MD)
4:40-5:10: Lightning Round: Case Discussions
Panelists: *Ibtehal Kimawi, MD; Shirah Burgey PT, DPT; Deborah Kohl, Esq.*
5:10-5:20: Q & A

5:20 – 5:30 p.m. Golden Rose Award (Presented by Ken Larsen, DMin, PhD, ABMP)

5:30 – 5:35 p.m. Raffle Announcements

**6:15 p.m. Gala Dinner
Sponsored by CitiRehab**

Al Wadi Restaurant
1249 VFW Parkway
West Roxbury, MA 02132



Program Agenda:

Day 2 – Tuesday, March 26th, 2024

- 7:30 – 8:00 a.m.** **Registration/Continental Buffet with Exhibitors**
Sponsored by the Law Offices of Deborah G. Kohl
- 8:00 – 8:05 a.m.** **Day 2 Announcements (Tony Tannoury, MD)**
- 8:05 – 8:25 a.m.** **Settlement Authority (Chairperson: Lisa Anastos, MA, Esq)**
Panelists: Hon. Phyllis Phillips, Esq; Edward Moriarty, Esq.
8:20-8:25: Q & A
- 8:25 – 9:00 a.m.** **Lawyers & Doctors: Let's Be Frenemies (Chairperson: Hon. Phyllis Phillips, Ret.)**
8:25-8:50: Case Discussion
Panelists: Dean Hashimoto, MD, JD; Jinsil Sung, MD; Heidi Groff, Esq; Buzz Schneider, Esq
8:50-9:00: Q&A
- 9:00 – 9:40 a.m.** **A Shot in the . . . PRP Injections (Chairperson: Tom Winters, MD, FACOEM, FACPM)**
9:00-9:10: Current Evidence & Literature Limitations Regarding PRP for MSK Pain (Tom Winters, MD, FACOEM, FACPM)
9:10-9:20: Clinical Application & Benefits to PRP (Xinning Li, MD, FAOA, FAAOS)
9:20-9:30: Under What Circumstances are PRP Injections Approved? (Julianna Hardy)
9:30-9:40: Q & A
- 9:40 – 10:10 a.m.** **Coffee Break with Exhibitors**
Sponsored by Pierce, Pierce & Napolitano
- 10:10 – 10:50 a.m.** **Broad Shoulders: Shoulder Review & Updates (Chairperson: Xinning Li, MD, FAOA, FAAOS)**
10:10-10:20: Updates in Rotator Cuff Tears (Andrew Jawa, MD)
10:20-10:30: Treatment of the First Time Dislocator (Suzanne Miller, MD)
10:30-10:40: Case Discussion
Panelists: Ned Barrett, Esq; Colleen Medlin, PT, DPT, CEAS, CIPS; Kristin Gaynor
10:40-10:50: Q & A
- 10:50– 11:30 a.m.** **Shake it Up: Hand, Wrist, & Forearm Review & Updates (Chairperson: Hervey Kimball, MD)**
10:50-11:00: Treatment of Traumatic Arthritis of the Elbow (Andrew Stein, MD)
11:00-11:10: Treatment of Traumatic Arthritis of the Thumb (Taylor Horst, MD)
11:10-11:20: Case Discussion
Panelists: Judson Pierce, Esq; Lisa Anastos, MA, Esq; Karen Mattie, PT, DPT, MS
11:20-11:30: Q & A
- 11:30 – 11:40 a.m.** **Chair Yoga (Amanda Califano)**
- 11:40 – 12:00 p.m.** **Emerging Treatments: Face of the Future or Flop? (Chairperson: Hon. Phyllis Phillips, Ret.)**
11:40-11:50: Lightning Round: New Techniques Review (Karen Huyck, MD, PhD, MPH, FACOEM)
Panelists: Kenji Saito, MD, JD, FACOEM; Chadi Tannoury, MD, FAOA, FAAOS; Andrew Stein, MD; Peter Vezeridis, MD
11:50-12:00: Q & A
- 12:00 – 12:50 p.m.** **Lunch**
Sponsored by Accelus, Inc

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Day 2 – Tuesday, March 26th, 2024

PARALLEL SESSION A (Auditorium)

- 12:50– 1:30 p.m. *The Bee's Knees: Knee Review & Updates* (Chairperson: Peter Vezeridis, MD)**
12:50-1:00: Updates on ACL Injuries (Joseph Czarniecki, MD)
1:00-1:10: Open Lateral Extra-articular Tenodesis in ACL Reconstruction (Xinning Li, MD, FAOA, FAAOS)
1:10-1:20: Case Discussion
Panelists: Edward Moriarty, Esq; Karen Mattie, PT, DPT, MS; Brit McKenna, MS, CRC, CVE
1:20-1:30: Q & A
- 1:30 – 2:20 p.m. *It's Not Just Physical: Cognitive Work Capacity* (Chairperson: Karen Huyck, MD, PhD, MPH, FACOEM)**
1:30-1:40: Cognitive Work Capacity Form Overview (Karen Huyck, MD, PhD, MPH, FACOEM)
1:40-1:50: TBI Case & Interactive Form Completion (Carol Dennehy, RN, CRRN, LCP)
1:50-2:00: Long COVID Case & Interactive Form Completion (Dean Hashimoto, MD, JD)
2:00-2:10: Mental Health Case & Interactive Form Completion (Steve Dickens, MA)
2:10-2:20: Q & A

- 2:25 – 3:15 p.m. *Pain in the Butt: Lumbar Spine Review & Updates* (Chairperson: Chadi Tannoury, MD, FAOA, FAAOS)**
2:25-2:35: Common Lumbar Pathologies & Treatment Options (Jason Pittman, MD, PhD, FAAOS)
2:35-2:45: EMG/NCS Studies: When Are They Really Needed? (Stefan Muzin, MD)
2:45-2:55: Spinal Cord Stimulators: When, Why & Who? (Eduard Vaynberg, MD)
2:55-3:05: Case Discussion
Panelists: Colleen Medlin, PT, DPT, CEAS, CIPS; Michael Ready, Esq
3:05-3:15: Q & A

- 3:15 – 3:45 p.m. *Gloves Off: Complications & Costs of MIS vs Open Spine Surgery* (Chairperson: Chadi Tannoury, MD, FAOA, FAAOS)**
3:15-3:25: MIS Surgery: What & Why (Chadi Tannoury, MD, FAOA, FAAOS)
3:25-3:35: Is MIS Applicable for Revision Surgeries & Where It Can Go Wrong (Tony Tannoury, MD)
3:35-3:45: Q & A

- 3:45 – 4:00 p.m. *15 Tips in 15 Minutes* (Chairperson: Maria DelMuto, PT, CCM)**
Panelists: Tom Winters, MD, FACOEM, FACPM; Kristin Gaynor; Michael Ready, Esq; Nancy Segreve, MA, CRC, CCM; Gail Carchietta, RN, MSE, COHN-S, FAAOHN

- 4:00 – 4:20 p.m. *Image Schemas and the Periaqueductal Gray* (Ken Larsen, DMin, PhD, ABMP)**

- 4:20 – 4:25 p.m. *Raffle Announcements***

- 4:25 – 4:30 p.m. *2025 Announcements & President's Closing Remarks* (Tony Tannoury, MD)**

PARALLEL SESSION B (Berkshire)

- 12:50– 1:30 p.m. *Simplifying CRPS: CRPS Treatment Update* (Chairperson: Eduard Vaynberg, MD)**
12:50-1:00: Holistic Approach to CRPS Treatment (Jan Gellis, MD)
1:00-1:10: Mirror Therapy for CRPS (Ken Larsen, DMin, PhD, ABMP)
1:10-1:20: Case Discussion
Panelists: Judson Pierce, Esq; Julianna Hardy
1:20-1:30: Q & A
- 1:30 – 2:20 p.m. *Long COVID in the Workplace: Impact & Accommodations* (Chairperson: Abe Timmons, DO, MPH, FACOEM)**
1:30-1:50: Interdisciplinary Clinical Guidance for the Assessment & Treatment of Patients with Long COVID (Jerrold Kaplan, MD)
1:50-2:10: Long COVID in the Workplace: Impact & Accommodations (Debra Dyleski-Najjar, Esq)
2:10-2:20: Q & A