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Comprehensive pain management

Hyde Park, MA

# Knee Injuries

- Pain management Options:

If all of these fails

Resting, icing, heat, bracing, PT  
cortisone injections, surgeries

Then what? What options do you have?

# Knee Injuries

- Whats' Next?
- KEY: Do you have the correct diagnosis?
- Is it a mechanical problem with the knee?
- Is it Osteoarthritis?
- Is it a nerve problem? Neuropathic vs neuroma. Is it CRPS?

# Knee Injuries

- Advanced Therapies:
- Viscous lubrication: Hyalgan, Synvisc.
- Platelet Rich Plasma and/or Stem Cells
- Therapeutic diagnostic blocks/Neuroma post-surgery/ trauma
- Genicular nerve blocks/Ablation for failed surgery
- Femoral nerve blocks
- Stimulator/spinal cord or DRG Stimulation.