

**ROBERTO FELIZ, M.D.**

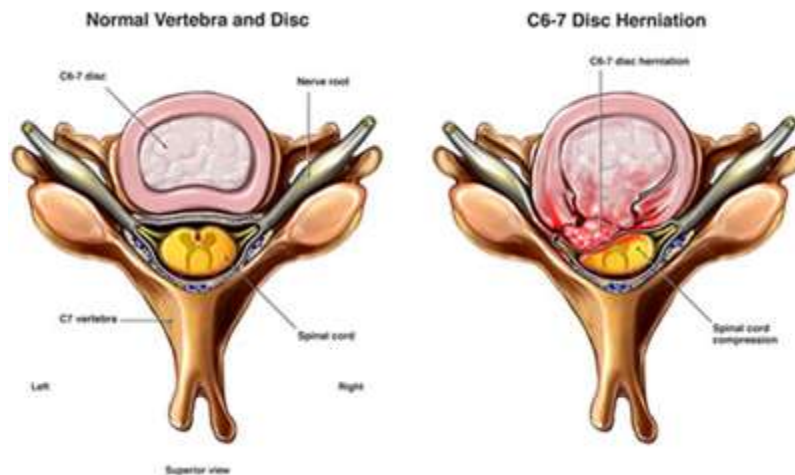
Comprehensive Pain Management

Boston Pain Center

Hyde Park, MA

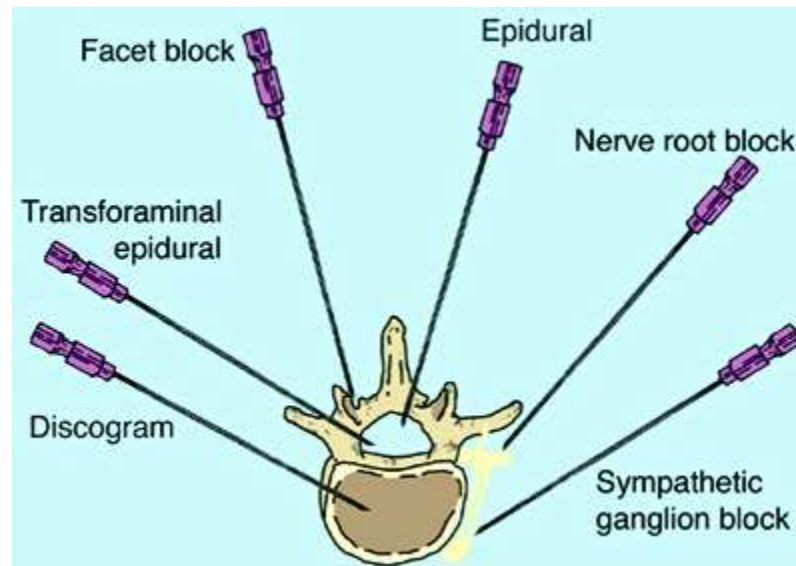
# UPDATES IN CERVICAL SPINE INJECTIONS

- A Classic Disc Herniation = Inflammation/Pain



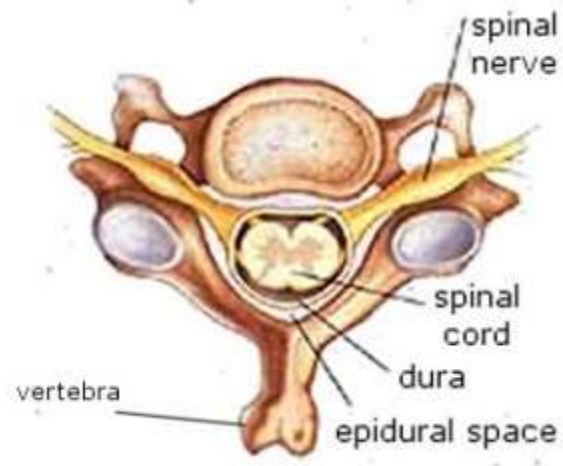
# UPDATES IN CERVICAL SPINE INJECTIONS

- Places where to place needles.



# UPDATES IN CERVICAL SPINE INJECTIONS

- The epidural space = A negative pressure space



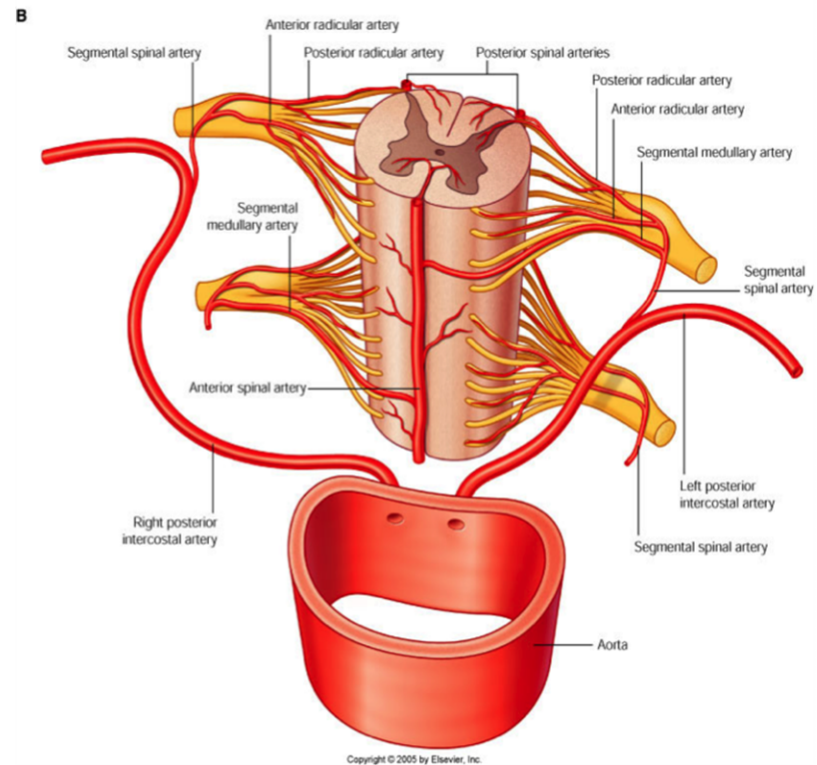
# UPDATES IN CERVICAL SPINE INJECTIONS

- ARE CESI SAFE?
- ARE THEY EFFECTIVE?
- PRP = Platelet Rich Plasma +- Stem Cells

- THE DANGER:
- INTERLAMINAR VS TRANSFORAMINAL

# UPDATES IN CERVICAL SPINE INJECTIONS

- THE DANGER ZONES



# UPDATES IN CERVICAL SPINE INJECTIONS

- Transforaminal = DANGER!!

