Case #2: MC

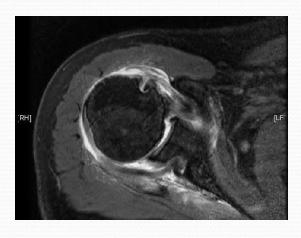
Xinning Li, M.D.

Assistant Professor
Sports Medicine and Shoulder Surgery
Boston University School of Medicine – Boston Medical Center
Team Physician – Boston University Athletics

- 68 Year old Female, RHD, s/p fall on ice in Jan, 2015, presents with Right Shoulder pain x 3 months and loss of function. "Can't lift it".
- Pain with activities and pain at night
 - 8/10
- SSV ~15%
- PMH: HTN/Cholesterol, PSH: Appy
- SH: No Tob, +Alcohol
 - Works as Mass Pike Toll Collector
 - Lives by herself

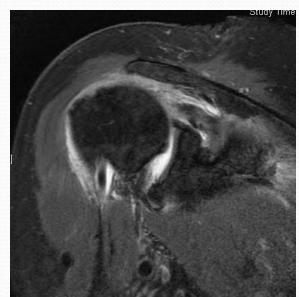


Images











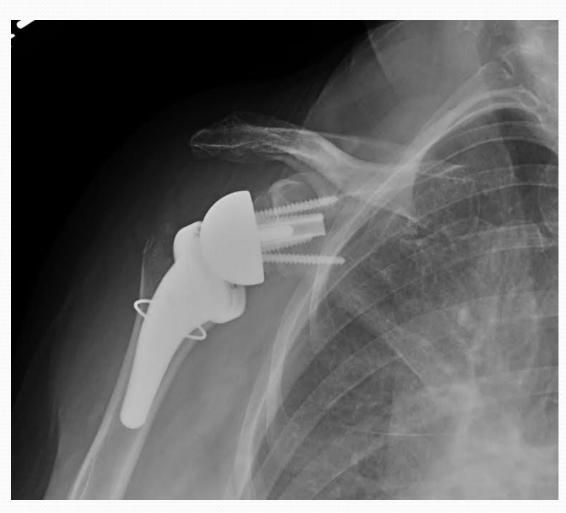
Exam



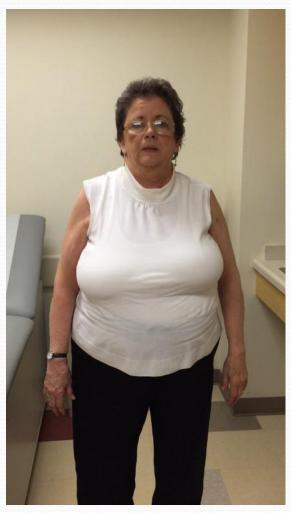
Options??

- Conservative Management?
- Surgical Options?
- Workers Comp Approval Process?
- Expected Recovery and Return to work?
- Audience?

Surgery



Post Op – 6 Weeks





3 Months



THANKS





