

Eidetic Memory Reprocessing for PTSD from Work Injuries



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Work Related Injuries Workshop
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“In The Heart Of The Sea”
by Nathaniel Philbrick

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- Sleep Deprivation
 - Obsessive Dwelling
 - Tormenting Memories
 - Flashbacks

“In The Heart Of The Sea”
by Nathaniel Philbrick

In diagnosing PTSD, use the old fashioned way ... take a history

PTSD must meet ALL 6 DSM-IV Criteria:

A = Exposure to an unexpected traumatic event

B = Intrusive Re-Experience of the event

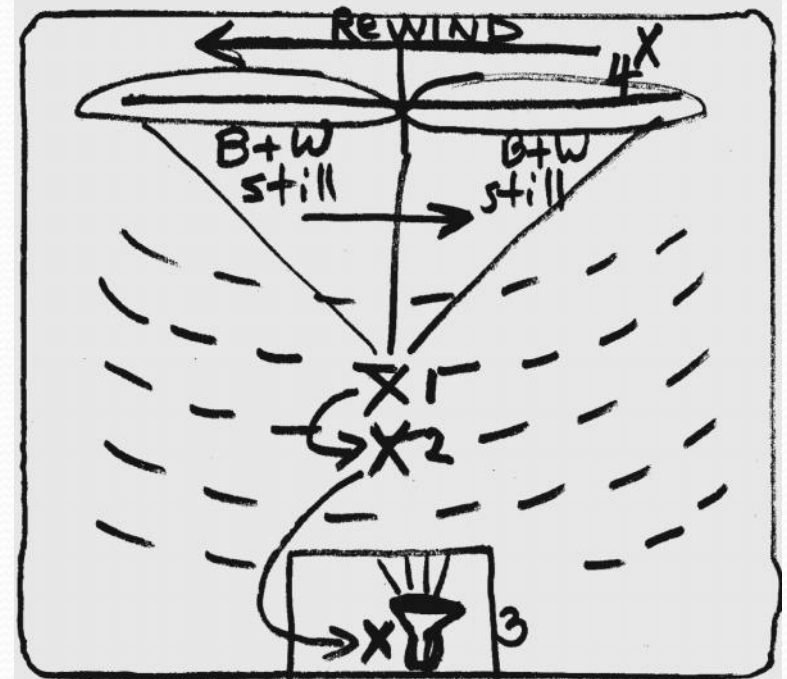
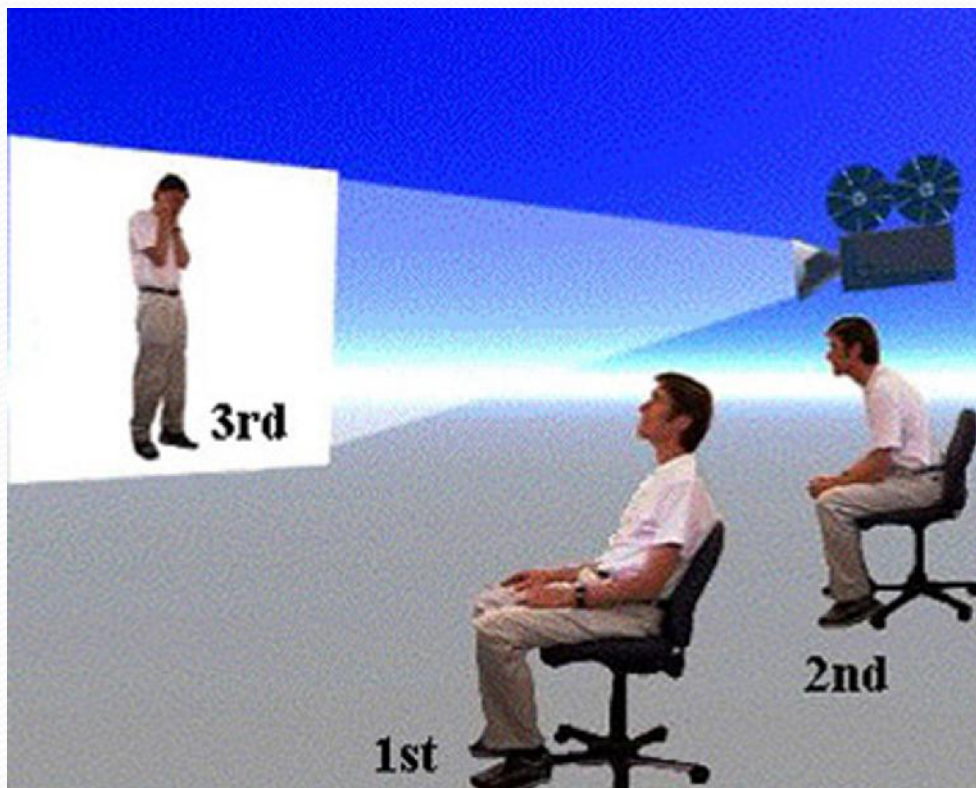
C = Avoidance and Numbing

D = Hyperarousal

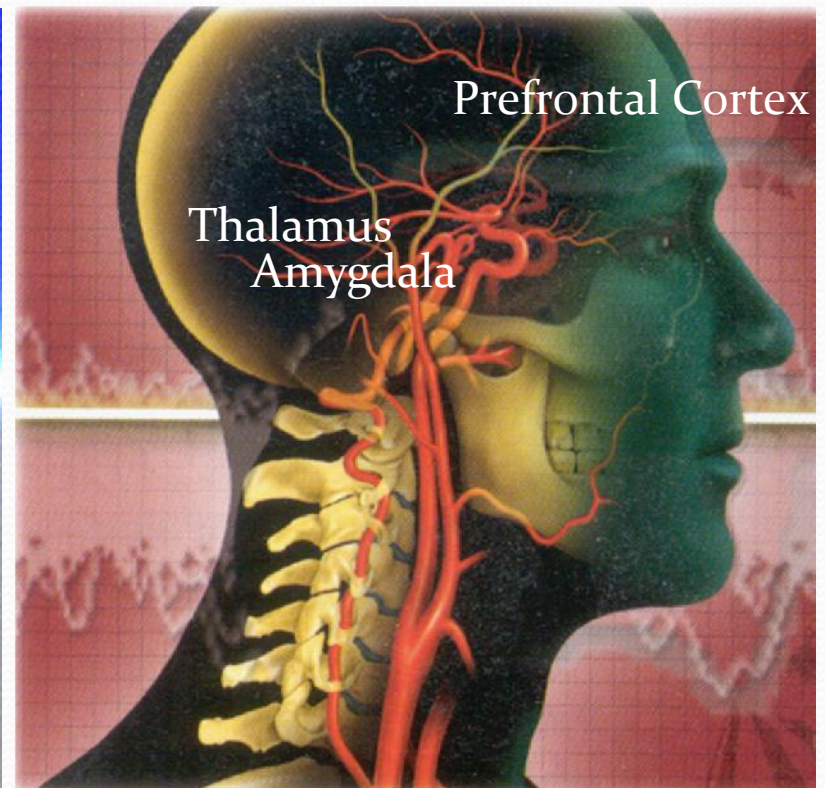
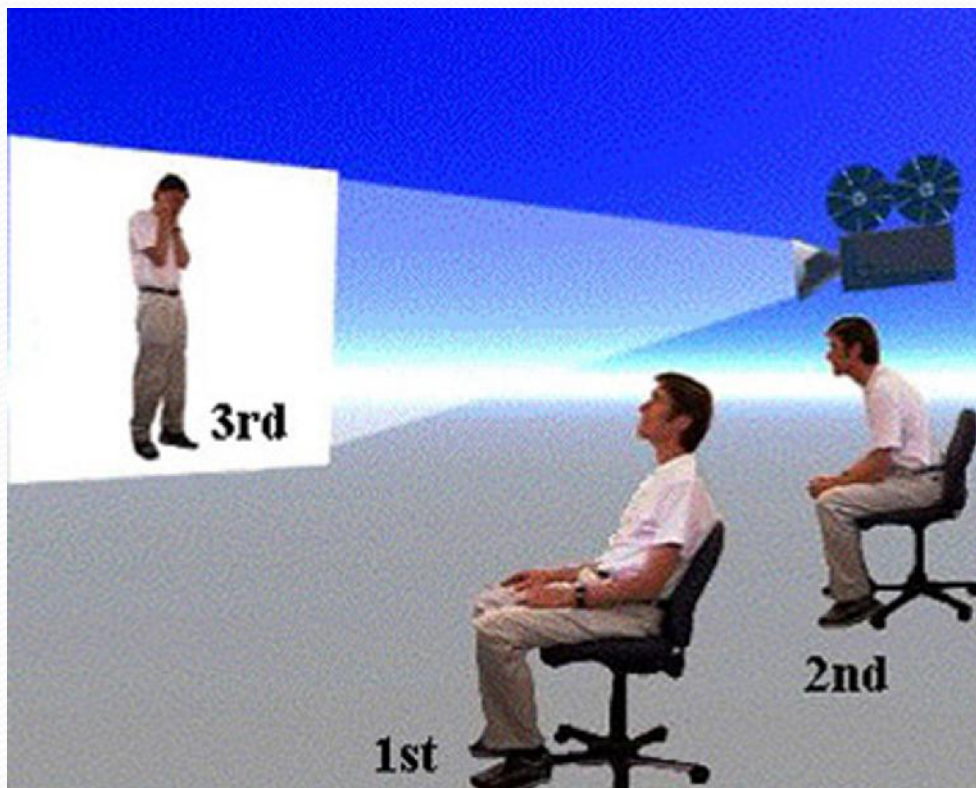
E = Duration more than One Month

F = Symptoms B C D cause serious life impediment

TRAUMA THEATRE



REWIND TECHNIQUE



Reference Bessel van der Kolk; Frank Corrigan: Recruiting the midbrain for accessing and healing traumatic memories

Forward Phase

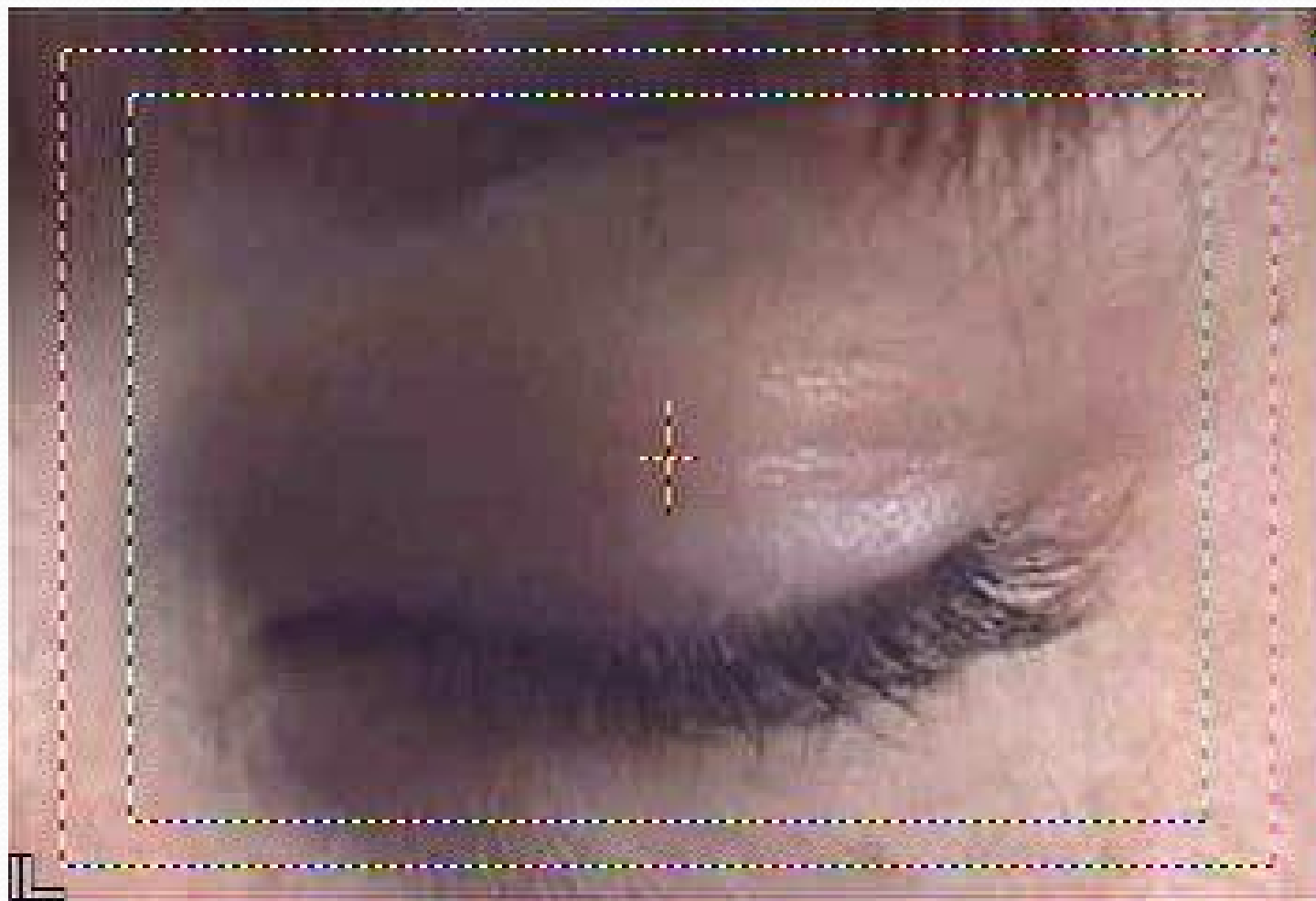


Rewind Phase









Future Pacing



The 1991 British Study

“Re-wind Technique” David Muss, PhD

At Birmingham Nuffield Hospital, Birmingham, England

- 70 Officers Screened – West Midlands Police Force
- 19 met criteria for PTSD
- Treated with the NLP *“Re-wind Technique”*
- Included near-death experiences & witness of horror/death
- Total number of sessions per patient = 3
- Interval from trauma to treatment ranged 6 Wks – 10 Yrs
- At 2 Yr Follow-up ALL remained symptom free and RTW

British Journal of Clinical Psychology, 1991

Eidetic Memory Reprocessing ©

Summation of Findings

- 150 cases from 9/00 – 2/10
- Each met DMS IV criteria for PTSD
- 82 Females (55%) 68 Males (45%) Ages 23-71
- 120 Caucasian 12 African/American 6 Asian 12 Hispanic
- 11 required Interpreters
- 84 given psychotropic medications (56%)
- 80 reported good family support (53%)
- Length of sessions averaged 1.5 hours
- Number of sessions averaged 2.9
- Success rate for reversing PTSD symptoms (138+12-) 92%

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Thank You